Rec'd. for Record 7:20 2012
Town Clerk of Newtown 3:00pm
Debbie A Curelia

Commission on Aging Minutes of Regular Meeting Monday, July 16, 2012

MINUTES SUBJECT TO APPROVAL BY THIS COMMISSION

The Commission on Aging held a regular meeting on Monday, July 16, 2012 at the Senior Center, 14 Riverside Road, Sandy Hook, Connecticut. Chairman Thomas Dwyer called the meeting to order at 5:00 pm.

Members Present: Thomas Dwyer, Karin Aurelia, Larry Schneider, Curt Symes, Sheila Torres, Mary Ellen Lydem, Joanne Davis, Margaret Imbro, LeReine Frampton, JoAnne Albanesi and Anne Rothstein.

Member Excused: Joan Plouffe

Support & Advisory Present: Marilyn Place, Director of Senior Services; Ann Piccini, Municipal Agent for the Elderly; Maryhelen McCarthy, Police Officer, Newtown Police Department & TRIAD Representative

Also Present: Several members of the public

CORRESPONDENCE AND ANNOUNCEMENTS – Mr. Dwyer announced that the Board of Selectmen have changed Joanne Davis's membership from alternate to regular and appointed Anne Rothstein to the Commission as an alternate member. He distributed the July 16, 2012 edition of the COA directory showing the names, telephone numbers and addresses (residence, postal & email) of the Commissioners and Support Staff. (Attachment A to the original minutes).

UNFINISHED BUSINESS

Senior Directory – Mr. Symes stated that his Team had moved from the discovery phase to the construction phase and are still sourcing from other directories such as the Western Connecticut Area Agency on Aging. Ms. Torres said that it will be called Senior Resources Guide rather than Senior Directory and will contain a disclaimer noting that the services and facilities listed are not to be considered as being recommendations of the COA. It will be a living document, thus updated from time to time, and should be available for the Open House in September.

Planned Giving Program – Mr. Symes reported that he is continuing to work with town officials and the Town Attorney on this and expects to have wording available for review by the attendees at the Open House. He pointed out that other town organizations such as Parks & Recreation and the Library are interested in setting up a similar program once we have ours in place. Mr. Dwyer mentioned that during his surveys of Senior Centers in neighboring communities he has learned that none of them have such programs but their Directors expressed an interest in getting the details of ours after it's set up.

Strategic Planning Team – Ms. Torres reported that the team has been meeting weekly and distributed a document containing details of matters they're looking into. (Attachment B to the original minutes).

Victory Garden Row – Ms. Torres stated that she has collected beets, a green pepper and green beans from the COA's patch and delivered them to Ann Piccini for addition to the Food Bank at the Social Services Department. In the near future she expects to start a winter crop of Napa cabbage and lettuce.

Visits to Senior Centers in Nearby Towns - Mr. Dwyer reported that there have been no visits since the last meeting and Ms. Place stated that she has made arrangements for one to Ridgefield's Senior Center (known as Founders Hall) on August 3rd. Also included will be a tour of the town's nearby Recreation Center. Those interested should show up at our Senior Center not later than 10:00am on August 3rd where van transportation will be provided. As the vehicle's capacity is limited to sixteen persons, and Ms. Place expects that a large number of seniors may want to go, she suggested that those interested contact her ahead of time to make sure there's enough room.

Ms. Torres distributed a document comparing Newtown's Senior Center with those in Shelton, Monroe, Oxford and Redding based on information gathered by Mr. Dwyer during his visits to them this spring and previously given to the commissioners. (Attachment C to the original minutes).

COA Open House in September – Ms. Torres stated that her committee continues to work on making arrangements for this event and will be drafting up a press release to the *Bee* and *Patch* promoting it. The wording will be presented to the Commission for their approval before being sent out. Ms. Place confirmed that the date will be Saturday, September 15th between 11:00am and 2:00pm. Refreshments will consist of such items as tea, coffee, punch, cheese, grapes, cookies and crackers. She would like to have a group picture taken for publicity purposes and requested that the commissioners present suggestions at the next meeting for wording to be printed on the T-shirts she's planning to purchase for sale at the event. Ms. Albanese agreed to have a new supply of *File For Life* forms made up for distribution at it.

MINUTES OF JUNE 18, 2012 MEETING - Mr. Dwyer pointed out that the tally of the vote to approve the Minutes of the May 21, 2012 meeting, as stated in the Minutes of the June 18, 2012 meeting, was incorrect and should have read 5 to 4, not 6 to 4. Mr. Symes moved to approve the Minutes of June 18, 2012 meeting but with the tally corrected in accordance with Mr. Dwyer's finding, Seconded by Ms. Lydem and approved unanimously.

TREASURER'S REPORT (Attachment D to the original minutes) - Ms. Aurelia distributed a report of current balances in the Gift Fund. Mr. Dwyer stated that he has been successful in getting the Finance Department's agreement to put an issuance date on the current and future reports and to show the names of donors in future ones. Mr. Symes noted that the largest contributor to the Fund is the Frank Knott Trust Fund and inquired as to its background. Ms. Lydem explained that Mr. Knott was a prominent realtor in Newtown whose will provided for the creation of a substantial trust fund benefiting not only the COA but also a number of other organizations in town such as the Booth Library and the Visiting Nurse Service. Mr. Dwyer said that he had some background material on it which he'll bring to a future meeting and Mr. Symes commented that what Mr. Knott did was a perfect example of Planned Giving.

DIRECTOR OF SENIOR SERVICES REPORT (Attachment E to the original minutes) – Ms. Place distributed her Report for the period June 19, 2012 – July 16, 2012 and highlighted significant entries in it.

Regarding the August 20th Annual Senior Picnic, she requested that the Commission approve the withdrawal from the Gift Fund of an amount not to exceed \$280.00 to pay for five staff members and up to five seniors at \$28.00 each. The seniors she has in mind would otherwise be unable to afford it. Ms. Lydem moved to allow the withdrawal of up to \$280.00 from the Fund to pay for five staff members and up to five seniors as requested by Ms. Place. Seconded by Ms. Aurelia and approved unanimously.

Ms. Place stated that several chairs, tables, umbrellas and stands that were stored outside the Senior Center have disappeared. As she said that a police report has not been filed Officer McCarthy suggested that this be done and Ms. Place replied that she would follow through on this. She expressed concern about access to the inside of the Senior Center because the key to its entrance appears to be in the hands of numerous unidentified people and she has considerable confidential information in her office. Officer McCarthy said that there's a key at the police station but a log is kept showing the names of those who sign out for it, the date it's taken and the date it's returned. As the Highway Department is known to have distributed keys to the Senior Center Ms. Davis moved that Mr. Dwyer be authorized to ask the Highway Department how many keys are in circulation and who has them. Seconded by Ms. Frampton and approved unanimously.

MUNICIPAL AGENT FOR THE ELDERY REPORT (Attachment F to the original minutes) – Ms. Piccini distributed and went over her Report dated July 16, 2012.

NEW BUSINESS

Arts Festival at the Fairfield Hills Campus - Mr. Dwyer referred to a memo dated June 25, 2012 that he had received from First Selectman Llodra and emailed to the Commissioners on July 16th asking for volunteers to help the Cultural Arts Commission with this event which is scheduled for September 15th and 16th. He expressed the hope that as many as possible would answer the call but noted a conflict with the Open House on September 15th.

Possible New Senior Center - Mr. Dwyer announced that Ed Marks and Amy Mangold of the Parks & Recreation Commission have accepted his invitation to attend our August 20th meeting for the purpose of discussing the possibility of our respective Commissions cooperating on acquiring a building that would embrace a Senior Center and P&R facilities. As Ms. Place reminded him that she would be unable to attend because she has to be at the annual senior picnic on the same day he said that he'd reschedule the meeting to a date acceptable to her, P&R and as many Commissioners as possible. He'll notify all concerned of the new date when it's set.

PUBLIC PARTICIPATION - There was none

ADJOURNMENT – Mr. Symes moved to adjourn the meeting. Seconded by Ms. Albanese and approved unanimously. The meeting adjourned at 6:30 p.m.

Margaret Wilkin, Clerk

Attachment & to Minutes of COA July 18, 2012 Meeting Town of Newtown, Connecticut COMMISSION ON AGING July 16, 2012

Powikal Park	Residence & Mailing Address.	Transverse believe the Banana	Emeil Address	Membership Expiry Calle
	r applicate particular -	i ga		
PAC RESIDENCE PORTE	Resi 83 Castle Hill Rosal, Newtown, CT Mail: RO. Box 433, Newtown, CT 08470	203 426 6673	karin aunella@newtown.cl.gov	ě
None Rest 40 Horseshoe Mail: P.O. Box 3638	Rest 40 Morseshoe Midge Rd., Sandy Hook, CT Mail: P.O. Box 2638, Newtown, CT 06470	203 947 0274	ice neglected in the com-	
Den 8 Obtuse Boad, Mewtown, CT 06470 Den 6 Pelibia Boad, Mewtown, CT 06470	wtown, CT 05470 atown, CT 05470	203 270 B907 203 426 3976	thomas a dynaroginal com lereirebus Opmail com	
_	75 Georges Hill Road, Newtown, CT 05470	203 420 5495	melydern@gmal.com	TO TO
None 9 Studes Rd, Newtown, CT 05470	own, CT 05470	2020 3054 B704 2020 3755 28050	poorfederithink.per	
	whown, CT 08470 Newtown, CT 08470			
Treasurer A Char A Char				
	- Assimate Manders -	1		
Rep 14 Watkins Drive, Sandy Hock, CT 06482 Dem 157 Janziller Lane, Sandy Hock, CT 06482 Dem Res: 78 Tauricon Lake Rd., Newtown CT Mail: P.D., Box 3007, Newtown CT 06470	by Hock, CT 08482 by Hock, CT 08482 Id., Newtown CT Artown CT 08470	203 304 1401 203 304 8016 203 426 2334	jalbanesi@charter.vel maintbro@hotmail.com aruthstein@nol.com	1/6/13 1/6/14 1/6/13
	- Support & Advisory -			
Police Officer, Newtown Police Depart, & Cons South Main St., Newtown, CT 06470	Police Officer, Newtown Police Depart, & TRUAD Rep. One South Main St., Newtown, CT 06470	203 426 5841 (M)	maryhelenmocarthy@riewtown-c1.gov	
Municipal Agent For The Elderly 3 Main St., Newtown, CT 08470	For The Elderly own, CT 06470	203 270 4330 (M) 203 435 0107 (H)	ann.plocati@hendown=ct.gov	4 4 3
Dhector, Newtown Senior Center 14 Riverside Road, Sandy Hook, CT 06482	ior Center dy Hook, OT b6482	203 270 4310 (M) 203 270 0498 (H)	mariyn, place@newlown-cr.gov	! !
5 Timber Lane, Newtown, CT 06470	Annitee Wit, CT 06470	203 426 8250 (A)	. Act erral accessible .	5 4 *
Clerk, Contrnisator on Aging 8 Cottontal Lane, Brookfield, CT 06804	Aging philiple, of users	203 775 3644 (HBW)	mrweet togmes com	f t

Strategic Planning Team

- Continue meeting weekly to develop and refine a COA strategic plan. Presently we're:
 - a. Ways to organize commission so that we are all engaged in critical areas that address our mission. Goal is to use our resources as wisely as possible so that we have maximum impact. E.g.' Do we have a grants subcommittee, ad-hoc issues committee, public relations, etc.?
 - b. Looking at the strategic process road map drafted by Joan Davis to refine our process for getting to the end product: a strategic plan (short and long term - up to 10 years.)
 - c. Will be reviewing a short-term public relations plan drafted by Sheila Torres

		SENIOR	SENIOR CENTERS IN SORROUNDING TOWNS	ROUNDINGT	OWWS	ONES COSTO CONTRACTOR (CONTRACTOR CONTRACTOR	
Town/Photo/Address	Town Demographics	Population	Square Footsge/ Dedicated, shared, or stand- ebore.	Age/ Cost to Build	Funding Source (s) for Building	Wumber of Members/ Membership Cost/ Fees for Programs/	Average Dally Violts from Senices
Reutomn	2010 Population 28,089 2000 Median Household Income: \$90,193 2000 Per Capita	Over 65 In 2000: 2,189	4,000 sq. ft./ Dedlestiod Space, except kitchen, which is shared.	Sept. 1978 2460, 775	Town: \$160,775 Block Graent: \$244,000 Onher Sources: \$56,000	Paid Members 400+ Members 550 Members Cost \$12.00 Classes/Programs: Free	3 5 5
Shatton 61 Wheeler St.	2010 Population 19,559 2000 Median Hespebold Income: 567,292 2000 Per Capita Income: \$19,893	468.2. 200.2. 200.2. 200.2.	18,500 tq. ft/ Stand-alone building	Sult; 1991 \$256/100 (estimate)	NG ANTIBLE	Members age 55+ 2,785 (Mar. 2012) Shefton residents: St Ansonla, Decky, Seymour: St Other towns: \$10 Classes/Programs: Free	002 = (S)
Moorrose III ETT T 335 Cutions Farm Rd	2010 Population: 19,479 2000 Median Housebold Income: \$85,000 2000 Per Capita Income: \$34,101	Over 65 in 2000: 3,045	7,200 sq.tr./ Stand-alone Stand-alone Station Center Shelton Center but much	S1,5 Million	Montoe town: 5500,000 Small Othes Block Grant: 5500,000 Other Sources: \$500,000	Members age 60 + 1,200 (70% residents) Monroe residents 54.00 Non residents: \$5.00 Classes(Programs: \$3.to \$4 each	8
Datond The second seco	2010 Population: 12,272 2000 Mediun Rouzehold Incorne; \$100,366 2000 Per Capita incorne: \$39,714	Over 65 in 2000: 1,368	7,100 sq.ft./ Stand-done Sulkling	84%: 2005 \$1,806,000	Town funds plus a Small Celes Grant.	Members age 60 + 1,063 Classes/Programs: 53 to 55 range are charged for classes that have a paid instructor.	8
Redding 37 Loneppan Rd	2010 Population: 9,158 2000 Median Household Income: \$104,137 2000 Per Capita	Over 65 in 2000: 925	6,000 squt./ One half of the town's Community Cecter	S1,806,000	Town funds.	Members age 60 + 925 No annual dues Classes/Programs: \$5.00 is charged for classes that have a poid instructor.	Between 30 and 50
This information is based on visits and dispussions with the directors of the senior centers listed frete.	sed on wisk and disc	didex successi	adirectors of the	senior center	s listed fare.		

COMMESSION ON AGING GET FUND

	RECEIPTSIDISBURSEMENTS	5	8	C:D TRUST FUND BALANCE	BALANCE BALANCE
711/11	Beginning Balarce				46,808,45
1002	toppe Man			1-9	47.096.32
	CK, #23633 Mathrews Euses inc		422,320,921		25.076.32
	U-79 Reinfaures appropriente for bus transc		(08.80)		SA NATIONAL BANK
	CAST DRIVERS	80.	*		26.101.45
102011				597.97	28,685,62
10/20/11	Con Cath Trigging	10° 10° 10° 10° 10° 10° 10° 10° 10° 10°			でいいる。
2 To 1	Ch. Arobon Capelled's - Perty		(1,025,00)		26,688,29
	から か	1,000.00			MARK W
i i	Ch. #74(X) Vania Can				EN 200 12
1/18/92				2 95	27,784,42
STEP STEP	対立者は正上野の一切につ	225.50			28,100.52
4204	2.73 Cat mayara				28.656.05
5.00 N	J-62 Cash Receipts	1,420,50			2010/00 2010/00
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Pound - lunch and least new course		(1) A. 19.		20,034,80
6/25/19	Poard - program functieon		(48.70)		0.285.40
62742	June bake sale	\$0.0 0	÷		30,025,40
		5,813,60	(24,870,65)	2380.03	30,025,40

NEWTOWN SENIOR CENTER Director of Senior Services June 19, 2012 – July 16, 2012

- Continue to confer w/ some Senior Action Committee members on space issues and their goals
- Meet weekly with COA Strategy Team
- Set up a "Getting Started" iPad class
- Continue planning "Fashion Show and Tea" w/ Inter-generational group "Bridges"
- Continue planning/helping/sew 40th anniversary quilt
- Plan open house for Saturday Sept 15
- Meet w./ open house committee
- Confer w/ Municipal agent on a mutual client concerns.
- Confer w/ police officer and Newtown Police Explorers (13-18 yr olds) on upcoming tag sale on August 18 rain date Aug 25
- Begin new projects for Annual Bazaar
- Overseg all programming
- · Program Shoo
- Supervise trips
- Continue to access needs of clients
- Continue to plan excursions utilizing the senior van
- Confer w/ teachers on space issues
- Confer with teachers on ongoing vacation schedules and changes
- Confer with RSVP on ongoing volunteer hours
- Continue to work with Ability Beyond Disabilities chorus program
- Continue to work with area hospital on ongoing community projects
- Continue community projects
- · Facilitate guilting/sewing classes
- Facilitate staff meetings when needed
- Meet w/ family members on clients situation/services
- Set-up and cook for monthly themed luncheons &/or programming.

COMPLETED TRIPS:

- + The Queen of Bingo stage comedy @ Grand Oak Villa June 18
- Mohonk Mountain House during Music Week June 26
- Tall Ships Harborfest in Boston Harbor July 2
- Red, White and Blue Barbeque @ Villa Blanca July 11
- Lobster Feast @ The Log Cabin July 12

UPCOMING TRUPS:

- Mohegan Sun July 26
- RI Culinary Heritage (Matunuck Oyster Farm) Aug 9
- Walkway over the Hudson & 2hr Cruise Aug 10
- Westchester Broadway Dinner Theater "Can-Can" Sept 5

OVERNIGHT TRIPS:

- Longwood Gardens PA July 20-22
- Colorado High Country Aug 11-18
- Nova Scotla Cruise Sept 3-8
- * Somento, Italy October 11-19
- King Neptune's USO Show in Virginia Beach October 14-18
- TransAtlantic Cruise (London/France/Treland/Iceland/Faroe Isl./Boston)
 August 30 Sept 15, 2013 17 days on the RC Brilliance of the Seas

SPECIAL EVENTS:

- Heart to Heart Program w/ Ann Waldman RN from CT Nursing services July 17
- Wii Bowling Annual Tournament @ Sullivan Senior Center in Torrington July 25
- Coin Collecting speaker August 7
- Senior Center/Police Explorers Tag Sale August 18
- Annual Statewide Senior picnic @ Holiday Hill August 20
- Senior Center Open House Saturday Sept 15

PROGRAMS	NUMBER OF ATTENDANTS
Zumba Gold	34
Exercise	191
Floor Yoga (2 days)	71
Chair Yoga (2 day)	88
Line Dance	<u>\$</u>
Cards	72
Mah Jongg	21
Chorus	15
Bingo	28
Lunch	150
Knitting	24
Cards for Troops	
Iris Fold	4
Quilling	11
Doord Games	\$
Walk-Ins	67
Billiards/ping pong	23
Trips	32
Newsletter	4
Wii	22
Painting/Art/Crafts	1.P
Scrabble	10
Tal Chi	34
Entertalnment	
Bridges	43
Taxes	
Tea	
LifeLine Screening	72
Horse Racing	
AARP Safe Driving	
Educational Series	34

Attendance Daily:

Monday	Tuesday	Wed.	Thurs	Friday
240	205	163	164	264

MONTHLY ATTENDANCE 1037

- In regards to last month report, I would like to discuss further the possibility of either:
 - a. increase the amount for membership dues, which is \$12 pp per year (\$1 a month) (\$6.00 pp after Jan.) to \$24 pp per year (\$2 a month)

ÚR.

ŰŘ.

b. pay for paid teacher classes. I prefer the \$24 instead of a fee per class.

all new classes would have a fee.
 (for instance: I am in the process of scheduling a new 4 week dance class.. which will have a fee , paid at sign-up)
 Would like your input.

- 2. For the Annual Statewide picnic @ Holiday Hill on August 20....I'm requesting COA to sponsor 5 staff members: Myself, Aida, Barbara, Bob (van driver) Raiph, also for 5 seniors who would like to go but cannot afford it. Total \$280 (\$28 x 10)
- Senior Center/Newtown Police Explorers Tag sale will be on Saturday August 18 from 9-3. We will be taking donations the week of August 10
- Open House will be Saturday Sept 15. This does not conflict w/ the Health Fair which is Sept 22.
- Small day trips on the van are very successful! Every seat is taken!

Captain's Cove in Black Rock (this past Friday....all 16 had a great time)
Elcher's Cove for picnic/swim
Port Jefferson, NY ferry
Miniature Golf in Oxford
Kent Falls
And every Tuesday afternoon ice cream at many venues in the area to choose from

- And every Tuesday afternoon ice cream at many venues in the area to choose from the seniors love it!
- 6. The Fall fashion show w/ the students from Middle School will have a theme. The 10 seniors and 10 students are calling it "FAIRYTALE FASHION FROLIC"! Even the refreshments will coordinate each pair themed outfit. We are planning a van shopping trip Tuesday morning July 24 to purchase matieral/dresses/glitter etc. All involved are having a wonderful time! Truly is great watching the inter-action between both groups....alot of joy! We haven't scheduled a date yet. A work in progress.
- On June 22 I hosted LifeLine Health Screening there was 72 appts. This is a great service and the Center does this once a year.

Always busyl

Marityn



Join us at our first Newtown Senior Center and Newtown Police Explorers "Giant Tag Sale and Car Wash" Fundraiser on Saturday August 18th from 9am-3pm

Get those garages, basements and closets cleaned out and bring your "TREASURES" (NO TRASH PLEASE) To the Newtown Senior Center the week of August 10th.

All welcome to rent a table for \$25

If you are interested, please call 203-270-4310 before August 10th to reserve your table

REMINDER MEMBERSHIP DUES IS NOW DUE

Registration for the fiscal year 2012-2013 are now due by July 1st, 2012. The fee is \$12.00 paid by checks only and made payable to the Newtown Senior Center. Membership is open to anyone 60 yrs. old and older and/or 55 and disabled. Newtown residency is not required. Membership information must be updated every year.

PLEASE COMPLETE THE FORM BELOW AND MAIL/BRING TO THE CENTER ALONG WITH YOUR CHECK FOR \$12.00 MADE PAYABLE TO THE NEWTOWN SENIOR CENTER

	
· · · · · · · · · · · · · · · · · · ·	
STATE:	ZIP:
BIRTH	DAY:
**	
TACT:	
TACT:	
TACT:STATE:	ZIP:
	STATE:BIRTH

COMMISSION ON AGING

JULY 16, 2012

Director of Social Services/Municipal Agent for the Elderly

Operation Fuel Summer Utility Program will start Aug. 1^a to Oct 31^a or when their funds run out.

The Elderly and Totally Disabled Tax/Rent Rebate Program have been installed. We have completed thirty six applications and submitted the first claim to the state which had to be done before July 1, 2012.

Ann Benore and I attended a class at the Area on Aging regarding Spousal Assessment. When a spouse goes into a nursing home and how they figure out what monies the spouse living at home will need. The spouse at home sometimes will be able to keep both Social Securities and pension to meet her/his needs. There is also a division of the household assets

On July 12th we attended a program regarding aid for Veterans.

On July 26 the program will be on HUSKY C and D Health Insurance.

Ann Benore and I will be attending an overview regarding CEAP Program (Fuel Assistance) on July 18¹⁵.

Food Pantry - We are receiving donations from people that purchase extra items to give to us each month for the hungry and people cleaning their closets. We had eight individual seniors use our pantry today.

I saw nine elderly at their homes. I have two homeless men which I am doing applications to elderly housing. Completed fifteen Medicaid applications.